

Midland Region Child Health 10-year roadmap (2016-2026)

The Midland Region Child Health Action Group has developed this 10-year map to guide decision making around child health priorities for the Midland region. Children and their whanau/families experiencing the unfair burden of health inequities in our society are our priority. Inequities are driven by avoidable and fixable differences in access to the determinants of health, exposure to health risk factors, access to health protective factors and access, timeliness and quality of health care.

Working together for equity in child health

For priority groups....

- Increase access to the determinants of health – e.g. quality housing and education
- Decrease exposure to health risk factors – e.g. tobacco smoke and family violence
- Increase access to preventative health care – e.g. antenatal and postnatal care

Achieve equity in access, timeliness and quality of health, education and social services

- Eliminate inequities in ASH rates



How we work

Focus on..

- Best care for those who need it most and making equity the priority for every child health agenda
- Recognising Te Tiriti of Waitangi and working in partnership with Maori
- Partnering with priority communities and sharing decision making
- Being evidence based and using equity enabling tools, like equity focussed reporting
- Celebrating that business as usual needs to change in order to achieve equity



Prevention

- Increase access to preventative health care including initiatives to prevent and treat obesity
- Prevent child poverty from impacting negatively on child health including SUDI and Rheumatic Fever



Youth Focus on..

Working with youth to develop interventions that they can access

- Suicide prevention
- Anxiety and depression management
- Sexual health
- Transgender youth help



Disease management

Focus on..

Avoidable sickness and death for priority children. Including....

- Asthma and respiratory conditions
- Rheumatic fever
- Oral health
- Skin disorders
- Developmental and behavioural conditions



Emerging trends Focus on..

- A life course approach including keeping pregnant Māori mothers healthy
- Supporting the first 1000 days
- Foetal Alcohol Spectrum Disorder
- The increasing numbers of Maori births and ethnic diversity
- Services in the home via technology
- Housing and food security
- Bronchiectasis treatment for Maori and Pacific children
- Climate change



Workforce Focus on..

- Population needs
- Interdisciplinary approaches
- Up-skilling the workforce on equity
- Achieving over representation of priority groups throughout the workforce



Systems Focus on..

- Needs assessment driven by priority groups
- Understanding the complex nature of systems and power dynamics between service providers and communities.
- Intersectoral collaborations, linking services and providing holistic opportunistic care
- Moving from 'populations are hard to reach' to 'our systems and services need to improve'

Non-communicable diseases Focus on..

- The first 1000 days
- Smokefree childhoods
- Foetal alcohol spectrum disorder
- Housing
- Poverty
- Injury prevention
- Oral health
- Vulnerable children
- Safe technology use

